

## Child Protection Accountability Commission

### Joint Committee on Substance-Exposed Infants/Medically Fragile Children

Friday, September 22, 2017

#### Minutes

##### ATTENDEES:

Dr. Karyl Rattay, DHSS	Lynn Fahey, BCCS
Dr. Allan DeJong, AI Dupont	Robert Monaghan, Nanticoke
Dr. Jane Ierardi, Nemours	Jessi Wyatt, DHSS
Bridget Buckaloo, Beebe Healthcare	Marge Agostino, RN, FIMR
Emily Knearl, DHSS	Joan Kelley, CDRC
Crystal Sherman, DHSS	Anne Pedrick, CDRC
Grace Courtney, DHSS	Nicole White, Kent/Sussex Counseling
Lisl Phelps, DHSS	Jenna Sherman, Univ. of DE
Julie Leusner, PBH	Alison Andreola, Univ. of DE
Trenee Parker, DFS	Johns Hopkins representatives (2)
Colleen Woodall, DFS	
Jennifer Donahue, Esq., IC/OCA	
Kelly Ensslin, Esq., OCA	
Aleks Casper, March of Dimes	
Heather Baker, March of Dimes	
Rebeca Heistand, CFF	
Melanie Subers, Health Options	
Lena Thompson, United	
Michele Savin, CCHS	
Pam Jimenez, CCHS	
Nancy Oyerly, Nanticoke	
Wendy Felts, St. Francis	
Cathy McKay, Connections	

#### I. Committee Member Introductions

Jennifer Donahue chaired the meeting welcoming everyone and facilitating introductions.

#### II. Approval of Minutes

Upon Motion and no objection, the minutes from the May 18, 2017 meeting were approved.

#### III. Update on SEI reports to DFS

Jen Donahue and Trenee Parker discussed the SEI notifications to DFS as of September 16, 2017 and provided the Committee members with a detailed Power Point handout. As of

said date, there were 306 notifications to DFS, of which 209 were screened in for investigation. Please see attached Power Point for additional information. With regard to Aiden's Law, it was discussed that although the bill did not pass, the fiscal note amount of \$285,000 was included in the state budget and will be provided to DSCYF for purposes of hiring a contracted agency to assist with the SEI notifications and Plans of Safe Care. The bill will be re-introduced in January, 2018.

#### IV. Presentation by Dr. Karyl Rattay

Dr. Karyl Rattay provided a detailed and thorough power point presentation on state and national trends regarding addiction, substance use disorders and overdose statistics. Dr. Rattay outlined how Delaware is addressing these issues, such as the prescription drug monitoring program, life skills training in schools, addressing ACEs in individuals struggling with addiction, prenatal linkages to treatment, and much more. Emily Knearl provided handouts regarding the website, [www.helpisherede.com](http://www.helpisherede.com) which provides vast information about substance use treatment disorder agencies and how to access services.

#### V. Plan of Safe Care Template and Pilot Program

The committee reviewed the draft Plan of Safe Care template in depth. Without any substantive changes requested, the committee voted and approved the template to be used by DFS and the hospitals, particularly at Kent General and Beebe where the POSC Pilot Program will begin in mid-October. Trenee explained that there will be an identified DFS worker at each hospital who will be facilitating the preparation of the POSC and discharge meeting with the families of SEIs.

#### VI. Regional Partnership Grant Application

Trenee Parker discussed how Delaware applied for the federal Regional Partnership Grant for our proposed "Delaware H.O.P.E. (Healthy Outcomes with Parent Engagement)" model of services for SEIs, their mothers/caregivers. Children and Families First is the lead agency on the grant. The model will be a randomized study of 40 mothers/SEIs for the treatment group and 40 for the control group. These mothers must not yet be enrolled/engaged in a drug treatment program. The treatment group will receive the DE HOPE model of services

(MDT/team approach) whereby she will have a team consisting of a peer recovery coach, home visiting nurse through Healthy Families America, and the Nurturing Families Parenting Class, in addition to the DFS worker and substance use treatment provider. The control group will receive a list of the same services that she can access, but it will not be the MDT/team wraparound approach. All of this will be wrapped into a Plan of Safe Care.

#### VII. AI Dupont Hospital Study

Jen Donahue discussed that Dr. Stephanie Deutsch recently reached out to DSCYF about conducting a study of SEIs and their families. It was agreed that Jen would be looped into the discussion since the SEI database is housed in her office. Trenee and Jen recently met with Dr. Deutsch and plan to provide de-identified SEI data from 2015 to the present so that maternal and infant characteristics can be analyzed and trends identified. We are looking forward to working with AI on this study.

#### VIII. Open Discussion/Public Comment

The group discussed issues surrounding the distribution of methadone, subutex and suboxone to pregnant women by certain small agencies, such as Got a Doc. Concerns were noted to be the lack of a counseling/behavioral health component and whether these establishments are licensed/monitored by DSAMH. The committee also agreed that the 6 birthing hospitals in Delaware should have a universal drug testing panel whereby the addition of marijuana and buprenorphine would be appropriate. It was discussed that this issue could be raised at the Perinatal Cooperative meeting.

No public comment was received and the meeting was adjourned.