

**Children and Families Committee**  
**November 8, 2018, 10:00 AM to 12:00 PM**  
**Perkins Bakery and Restaurant, 700 Capital Trail, Newark, DE**  
**Meeting Minutes**

**Members Present:** Laura Greene, Chairperson; Carrie Melchisky, Parent Advocate; Angela Mitchell, Parent Advocate

**Members Absent:** Shawn Rohe, Parent Advocate; Nancy Lemus, Parent Advocate

**Guests Present:** Donna-Marie King, Sage Marketing and Communication

**Staff Present:** Kristin Harvey, Delaware Developmental Disabilities Council (DDC)

**I. Call to Order:**

A quorum being present, Chairperson Laura Greene called the meeting to order at 10:15 AM.

**II. Approval of Agenda:**

The committee voted to approve the November 8, 2018 agenda, with the addition of Item C under Current Business, adding a discussion with contractor Donna-Marie King to the agenda.

**III. Approval of Minutes:**

The committee voted to approve the June 11, 2018 meeting minutes as written.

**IV. Chair's Report:**

Laura Greene declined to give a report.

**V. Staff Report:**

Kristin Harvey provided an overview of the current funding levels available to the committee to put toward projects to address the objectives assigned to the committee in the State Plan. Kristin said that a final amount for Federal Fiscal Year (FFY) 2019 will not be available until Stefanie Lancaster receives the Council's official Notice of Award letter from the Administration on Intellectual and Developmental Disabilities (AIDD). Kristin stated that she will provide an update at the next meeting.

**VI. New Business:**

**A. Developing RFP Scopes of Service for State Plan Objectives**

The committee asked Kristin to develop draft Scopes of Service for the State Plan objectives that still need to be addressed. Chair Laura Greene will then present the draft Scopes of Service to the full Council at their November 14, 2018 meeting to seek full Council approval. Kristin agreed to do this for the committee.

## **B. Approve/finalize committee's requested changes to the State Plan**

The committee stated that they have no additional changes to request for the 2019 State Plan Update. Laura said that she will share this information with the Council at their November 14, 2018 meeting'

## **C. Discussion with Donna-Marie King, Contractor for the Healthy Kids with Disabilities Public Awareness Campaign**

Donna-Marie introduced herself, and asked the committee to share their thoughts and expectations regarding the public awareness campaign.

The committee discussed and agreed upon the following:

- The campaign should focus on school-age children with disabilities
- They would like to contractor to seek out data on how many school-age children with disabilities there are in Delaware
- The public awareness campaign would encourage a holistic approach to health and wellness for children with disabilities (mental and physical health, traditional and holistic medical approaches)
- Research should be done to identify what programs currently exist that are addressing some of the areas that the committee would like to address with this campaign
- Community engagement and partnering with other service and advocacy organizations is key to the success of the campaign]
- Public awareness campaign materials should be designed for a diverse range of distribution methods (e.g. social media, traditional print media, digital messaging, Carvertise, boost post option on Facebook)
- Research is needed on the current number of children with disabilities who are racial minorities and who are experiencing adverse health conditions due to the lack of access to health and wellness programs
- Contractor should seek to identify how parents of kids with disabilities and their parents receive their information
- Contractor should explore common barriers that parents face when seeking health and wellness opportunities for their children (e.g. cost, lack of transportation, facilities/parks are not accessible for kids who use wheelchairs or other mobility aids)
- Kristin asked Donna-Marie to explore if there is any data connecting a sedentary lifestyle in children with disabilities and their overall physical and mental health
- For gyms, the committee is curious how many have accessible facilities and also how long the average gym member spends at the gym per visit
- The committee would like more information on the number of kids with a disability in each county in Delaware

## **VII. New Business:**

- The committee consulted their respective calendars to determine the next committee meeting date. The next meeting will be held on December 11, 2018 from 10:00 AM to 12:00 PM at Perkins Bakery and Family Restaurant, 700 Capital Trail, Newark. Donna-Marie stated that she will attend the December meeting as well.
- There being no other new business, Chairperson Laura Greene adjourned the meeting at 11:49 AM.