Safe Prescribing (Subcommittee of Addiction Action Committee)
Meeting Minutes

February 20, 2018
4:30pm-6:00pm EST
DHSS Herman Holloway Campus

I. Welcome and Introduction

Meeting started at 1645

II. PMP data and Target 30% reduction of opioid prescribing

Committee agreed that a 30% reduction in volume regarding numbers of pills is a reasonable goal.

III. Website update and toolkit development

Alex Parkowski from AB&C presented on the plans for re-designing the provider section of the HelpIsHereDE.com website and the provider education toolkit.

- The provider section of the website will focus on the provider education, awareness and patient resources. The goal is for the provider section to be the hub for information where providers can go for training opportunities, updated regulations, resources, etc.
- The website will be easier to navigate, will have a home page with side navigation tabs for the primary areas of focus: The need for Change, New PMP and Regulations, Safe Prescribing, Non-Opioid Management of Pain, Addiction Screening & referral, OB/GYN resources, CME Opportunities, Academic Detailing, Provider resources, patient educational materials.
- Review of the content outline provided questions and discussion which included adding screening tools, linking information together, prescribing to a patient who is opiate dependent, adding a pediatric tab, adding a calendar of events, adding a measurement tool for website visitors to submit feedback on accessibility of information.
- Safe Prescribing section – this committee will review and edit draft of Informed Consent Form
- Pain Management section: - this work is being managed by another committee, and will need to be coordinated. A resource should be included for pain management of substance addicted individuals and those who are actively in medication-assisted treatment for substance abuse
- Addiction section – would like more assessment tools included. There should be a separate discussion about this topic.
- DPH and AB&C will be responsible for keeping the website and information up to date.
- Timeline
    - Full content drafted by 3/16/18
    - DPH/DPR initial copy review provided on content on 3/16 call
    - Committee member feedback 3/9-4/9
    - Compile feedback & send to AB&C 4/16
    - AB&C provide revised copy 4/20
    - DPH/DPR provide final approval on copy 4/27

    - AB&C build site 4/20-5/11
    - AB&C provide staging link 5/11 (helpisherede.com)
    - DPH landing page review 5/11-5/18
    - AB&C push site live 5/25 (make final edits if needed)

IV. Academic Detailing Update

Paul Silverman reported on concepts and barriers of academic detailing and moving forward with implementation.

- Content
    - Should mirror the toolkit of the HelpIsHere website and will be the template for academic detailing
    - Delivered in several modules of about an hour each. Skill level of detailer would be determined based on the content
    - AB&C was asked to subcontract with QID to develop the content/curriculum
- Provider of academic detailing (detailer)
    - There are different models of implementation with varied costs for each depending on number of providers detailed and credentials of the detailers.
    - The various models consist of different level professionals implementing the detailing, such as a physician, a nurse, or another expert on the topic.
    - Major barrier is the financial instrument to cover the cost.
    - DPR is also determining their ability to play a role in the process, and may need legislative directive.
- How info flows? The flow is well designed, but some questions still remain:
    - Who notifies prescribers?
    - Who will create reports on outcomes
    - How will communication occur between DPR/DPH

There are not many other states who have started providing Academic Detailing on Opioid prescribing, which makes is difficult to determine best practices. The goal is have the detailer problem solve with the prescriber about best approach.
Paul discussed the timeline for implementation depends on circumstances. The content should be completed by the end of April. Depending on the detailer cost and contracting issue, the process will either continue in May or towards the end of the year (if RFP is needed).

V. Metrics

Dr. Goodill would like to develop a dashboard for safe prescribing. What metrics should be on the dashboard? Some suggested metrics were volume of opiates prescribed number of scripts and amount, how many prescribers of opiates use the PMP, pharmacy use of PMP, prescribing by specialty.
Kate Brookins will provide info as to what indicators are collected for the PDO grants. The committee can choose approximately 10 measurements from the grant indicator list to discuss at next meeting

VI. Close Meeting

Meeting adjourned at 1757
Next meeting 3/20, 4-6pm at DHSS Chapel