



## Changing Perceptions and Stigma Committee Meeting Behavioral Health Consortium

<b>Date:</b> 2/2/2024	<b>Location:</b> Virtual Meeting
<b>Time:</b> 2pm-3:30pm	<b>ID:</b> 894 8544 1639
	<b>PC:</b> 503283

**Attendees:** Co-Chair Valerie Earnshaw, Co-Chair Beth Jeker, Bria Greenlee, Ashley Banning, Darragh Jeker, Jessica Estok

**Staff:** Laura Rapp, Alexia Wolf, Riley Feinour

### Topic 1: Welcome and Introductions

*Presenter – Co-Chair Valerie Earnshaw and Co-Chair Beth Jeker*

- Co-Chair Valerie Earnshaw called the meeting to order.
- Co-Chair Valerie Earnshaw and Co-Chair Beth Jeker welcomed attendees.

### Topic 2: Review and Approve Minutes

**MOTION:** Co-Chair Valerie Earnshaw called for a motion to approve the minutes from previous meeting.

- No one available to second the motion to approve the minutes.
- Review last meeting's minutes and current minutes during next meeting.

### Topic 3: Goal Updates

*Presenter – Co-Chair Valerie Earnshaw and Co-Chair Beth Jeker of the Changing Perceptions and Stigma Committee*

**Goal 2:** Ensure that people with lived experiences and youth are represented on BHC Committees.

- Updates on Goal 2.
  - Sean's house visit was made in January.
  - Interest in connection but also time constraints.
  - Co-Chair Beth Jeker attends meetings on a regular basis.
  - Mentioned an overall interest in BHC Committees but no specific interest in one committee.
- Next steps for Goal 2.
  - Follow up with Sean's House; make sure peers know they can both support and drive goals.
  - Draft email for lived experiences inclusion and edit the draft as a group.
  - Update the BHC email list.
  - Not ready to finalize SMARTIE Goal.

**Goal 3:** Support and advertise community stigma intervention work.

- Updates for Goal 3
  - BHC table at Attack Addition 5K
  - See if people would be interested in joining the BHC team or keeping BHC in mind for next year.
  - Song for Charlie
    - Focuses on raising awareness on Fentanyl laced pills; particularly targeting adults/parents to educate younger individuals.
  - Education and Prevention Committee meeting about Song for Charlie event

- Hear about how the meeting on Tuesday goes and see what the CPS Committee can do to help.
- Next Steps for Goal 3
  - Attack Addiction 5K; make stickers or buttons to signify BHC membership.
    - Give a time and location for meetup and pictures.
    - Send email for Attack Addiction to see if there is any interest in participation.
  - Discuss Fentanyl awareness day.
  - Potential for smaller working group- Jessica Estok may bring to the University of Delaware
  - Focus on 2 upcoming events: Attack Addiction 5K and Song for Charlie Fentanyl awareness day.
- **Goal 1: Collegiate Recovery Communities.**
- Updates on Goal 1
  - Jessica Estok contacted Goldey Beacom and Del Tech.
    - Excited to connect ideas; are MOU with UD students to access services.
  - Still needing to connect with DSU and Wilmington University; Laura Rapp and Ashley Banning working on contacting connections to Wilmington University.
- Next Steps for Goal 1
  - Talk about access to resources.
    - Have the meeting in the summer.
  - Keep identifying people through March and send email to organize meeting.
  - Look at student organizations/ RSOs and invite students to the meeting.
  - Keep adding people to list of resources.

#### **Topic 4: Public Comment**

No public comment.

Next Changing Perceptions and Stigma Committee Meeting is **Friday, February 16<sup>th</sup>, 2024, at 2PM. Meeting will be hybrid.**

Talk about where to potentially meet in person for meeting in March.

**Adjourn: 3:11 pm**