



Education and Prevention Committee Meeting Behavioral Health Consortium

Date: 2/6/2024	Location: Virtual Meeting
Time: 10am-11am	ID: 894 8544 1639
	PC: 503283

Attendees: Co-Chair Rebecca King, Syglowski, Eric Rodriguez, Yvonne Bunch, Keira McGillivray, Annie Slease, Mary Louise Embrey, Sabra Collins, Steffi Dunbarm, Teri Lawler, Manisha Wadhwa, Doug Tynan, Alexandra Pappas, Scott Michels, Bonnie Lane

Presenters: Amy Herb, Joyce Hawkins

Staff: Laura Rapp, Alexia Wolf, Riley Feinour, Catherine Bedenbaugh

Topics 1: Welcome and Introductions

Presenter – Co-Chair Rebecca King

- Co-Chair King called the meeting to order.
- Co-Chair King welcomed attendees.
- Co-Chair King mentioned that Co-Chair Sandra Syglowski is sick and unable to attend the meeting.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair King called for a motion to approve the minutes from the previous meeting.

- Doug Tynan made a motion to approve minutes.
- Alexandra Pappas seconded the motion.
- Minutes Approved.

Topic 3: BHC Updates

Presenter – Laura Rapp

Committee Updates:

- National Governors Association Policy Academy: Recovery Friendly Workplace initiative
- Relevant notes to the EP Committee from listening sessions.
 - Culturally responsive training for providers.
 - Behavioral Health literacy and awareness for faith leaders.
 - Behavioral health promotion and resource awareness to reduce stigma and promote resilience.

Topic 4: Identify Strategies and Subcommittees to Support Education and Prevention Committee Goals

Presenter – Co-Chair, Rebecca King

1. Goal: Promote and Support Behavioral Health and Education Campaigns

- Finding out more information in March about piloting the mental health screening in the Colonel School District
- DPH's 'One Pill Can Kill' Campaign
 - Want to continue with the campaign and bring the campaign as well as other programs involved in schools and in the community.
- Song for Charlie- Fentanyl Awareness Day
 - Partnering with Song for Charlie for Fentanyl Awareness day
 - Would like to roll the campaign out statewide, in schools and communities specifically.

- Co-Chair King mentioned creating a subcommittee for this.

2. Goal 2: Educate and Advocate for the Use of Nonpharmacological Pain Management

Presented by Alexandra Pappas

- Hoping to create a live CE for medical providers to view alternative treatments for pain management.
- Methods may include CBT, acupuncture, physical therapy, and others.
- These methods are not limited to just chronic pain.
- Patients needing more access to pain management; billing questions were brought up.

Topic 5: State Agency Updates

Presenter – Amy Herb of the DSAMH

- Subcommittee under the AAC.
- Focuses on Substance Use Disorder.
- Goal is to develop DE state plan for substance abuse.
- Continuing community based programs that are focused on prevention.
- Making sure to not duplicate efforts.

Presenter – Joyce Hawkins of the DSCYF

- Provided posters for distribution to schools.
- Posters discuss medication safety and how to safely dispose of medications.
- Workshops coming up in February focus on resilience and substance use trends in DE.

Presenter – Rebecca King, Co-Chair of the EP Committee reporting on Sandra Syglowski's behalf due to Sandra's absence.

- Sandra is actively participating in meetings to see if Colonel School District will do a pilot of the mental health screening in schools.

Topic 8: Public Comment

No public Comment.

Next Education and Prevention Committee meeting is **Tuesday, March 5th, 2024, at 10AM**

Adjourn