

Family and Community Readiness Committee Meeting Behavioral Health Consortium

Date:	2/12/2024	Location:	Virtual Meeting
Time:	9:00am-10:00am	ID: PC:	894 8544 1639 503283

Attendees: Chair Wade Jones, Doug Ferguson, Liz Booth, Megan McNamara Williams, Donald Keister **Presenter:** Domenica Personti **Staff:** Alexia Wolf, Cathy Bedenbaugh, Riley Feinour

Topics 1: Welcome and Introductions

Presenter – Chair Wade Jones

- Chair Wade Jones called the meeting to order.
- Chair Wade Jones greeted and welcomed attendees.

Topic 2: Review and Approve Minutes

MOTION: Chair Wade Jones called for a motion to approve the minutes from the previous meeting.

• Minute approval referred to next meeting.

Topic 3: BHC Updates

Presenter – Alexia Wolf

Committee Updates

- National Governors Association Policy Academy: Recovery Friendly Workplace Initiative.
- Relevant notes to the FCR Committee from listening sessions.
 - Housing: not having a physical address makes it difficult to sign up for programming and supports.
 - Feelings of isolation, discrimination, and alienation experienced by immigrants, African American elders, and others.
 - Trauma, suicide, stigma, and socioeconomic risk factors faced by veterans.

Topic 4: Committee Discussion and Action Items

Presenter – Chair Wade Jones

- Overall goals for 2024
 - Goal 1: Improve the mental health and autonomy of individuals in the state by working towards Delaware having Psychiatric Advance Directives.
 - Goal 2: Enhance access to housing and promote housing stability for the Behavioral Health community.

Topic 5: Impact Life

Presenter – Domenica Personti, CEO of Impact Life

- Currently has 13 houses with 114 beds statewide.
- Impact life offers peer-led recovery support services in Delaware and Cecil and Harford County, Maryland
- Partnership with atTAck Addiction for those reentering society; offers harm reduction services, workforce development programs featuring comprehensive recovery services, career development, pardon programs, and peer support.

- In November of 2022, Impact Life launched Delaware's first recovery residences in New Castle, Kent, and Sussex counties
 - These included programming for men and women seeks trade skills and entrepreneurial opportunities.
- Harm reduction program: grounded in justice and human rights.
 - Focuses on positive changes and working with people without judgement, coercion, discrimination, or requiring that they stop using drugs as a precondition of support.
 - Encompasses a range of health and social services.
- Therapeutic culinary arts: Teaches cooking and healthy food choices.
- Adventure recovery: Leads individuals through the external and internal wilderness.

Topic 8: Public Comment

No public comment.

Next Access & Treatment Meeting is Monday, March 11th, 2024, at 9AM

Adjourn: 9:58AM