



## Changing Perceptions and Stigma Committee Meeting Behavioral Health Consortium

<b>Date:</b> 2/16/2024	<b>Location:</b> Virtual Meeting
<b>Time:</b> 2pm-3:30pm	<b>ID:</b> 894 8544 1639
	<b>PC:</b> 503283

**Attendees:** Co-Chair Valerie Earnshaw, Jarrett Avena, Scott Michels, Emily Vera, Bria Greenlee, Desiree Surplus,

**Staff:** Laura Rapp, Alexia Wolf, Riley Feinour, Larence Kirby, Cathy Bedenbaugh

### Topic 1: Welcome and Introductions

#### *Presenter – Co-Chair Valerie Earnshaw*

- Co-Chair Valerie Earnshaw called the meeting to order.
- Co-Chair Valerie Earnshaw welcomed attendees.
- Co-Chair Beth Jeker is absent from the meeting.

### Topic 2: Review and Approve Minutes

**MOTION:** Co-Chair Valerie Earnshaw called for a motion to approve the minutes from the previous 2 meetings.

- Jarrett Avena motioned to approve the minutes from the December meeting.
- Emily Vera seconded.
- Approval of February minutes conferred to next meeting.

### Topic 3: Recovery Friendly Workplace Initiative

#### *Presenter – Laura Rapp of the BHC*

- Delaware is still in the planning stage and still gathering information.
- Hoping to act on plans in the upcoming months.
- Planning to increase communication between the CPS Committee and the Recovery Friendly Workplace Initiative.

### Topic 4: BHC Updates

#### *Presenter- Laura Rapp of the BHC*

- Relevant notes from listening sessions that apply to the CPS Committee.
  - Providing learning opportunities for faith leaders.
    - Faith Forward Collaborative, connect with the organization regarding learning opportunities for faith leaders.
  - Challenging stigma and preconceived notions when veterans need support for behavioral health challenges and trauma.
  - The importance of not only sparking conversations about behavioral health but sustaining those conversations long term.

### Topic 5: Goal Updates

#### *Presenter- Valerie Earnshaw, Co-Chair of Changing Perceptions and Stigma Committee*

##### Goal 1

- Laura Rapp got in contact with a connection from Wilmington University
- Jessica Estok and Beth Jeker connected with them.
- Planning on meeting with stakeholders after then school year ends, sometime in June.
  - Goal is to send out emails to who is identified as a stakeholder sometime in March/April.

## Goal 2

- Drafting an email to BHC members to get feedback on inclusion with lived experiences throughout the committees.
  - Email may ask individuals if people have lived experience as well as their name and role in the BHC.
  - Collaborating on how to word the email.
  - Let CPS committee members look at the draft email and share their feedback at the next meeting.

## Goal 3

- AtTAcK Addiction 5K upcoming in 2 weeks
- In the process of creating a button that can be worn by participants that mentions the BHC.
  - Working on sending out email to BHC members to see if anyone will be in attendance.

## Topic 4: Public Comment

No public comment.

Next Changing Perceptions and Stigma Committee Meeting is **Friday, March 15<sup>th</sup>, 2024, at 2PM. Meeting will be hybrid.**

**Adjourn:** 3:02 pm