



## Access and Treatment Committee Meeting Behavioral Health Consortium

<b>Date:</b> 3/7/24	<b>Location:</b> Virtual Meeting
<b>Time:</b> 1:00pm-2:00pm	<b>ID:</b> 894 8544 1639
	<b>PC:</b> 503283

**Attendees:** Dr. Avani Virani, Dr. Ricardo Budjak, Peggy Geisler, Trish Hill, Lynn Morrison, Dr. Sherry Nykiel, Dr. Doug Tynan

**Presenter:** Brent Waninger

**Staff:** Laura Rapp and Alexia Wolf

### Topics 1: Welcome and Introductions

*Presenter – Laura Rapp*

- Laura Rapp called the meeting to order.
- Laura Rapp greeted and welcomed attendees.
- Co-Chairs Dr. Sandy Gibney and Erin Booker are absent.

### Topic 2: Review and Approve Minutes

**MOTION:** Laura Rapp called for a motion to approve the minutes from the previous meeting.

- Dr. Doug Tynan made a motion to approve the minutes from the previous meeting.
- Dr. Avani Virani seconded the motion.
- Minutes approved.

### Topic 3: Delaware Naloxone Saturation Plan with Multiple Assignment

*Presenter – Brent Waninger*

- The previous Naloxone dissemination plan funded through SOR was developed without much evidence-based/research-based planning outside of a review of practices implemented by neighboring states.
- More recently, SAMHSA recommended working with a SME to develop a data driven saturation plan, which DSAMH did. The new plan was co-developed by the SME with DSAMH providing input about Delaware specific context.
- With this change in plan, there will now be a 3-fold increase in Narcan in Delaware via SOR funding with an estimated 60,413 high-yield kits.
- 3 categories of distribution
  - High-yield
  - Mid-yield
  - Low-yield
- Research tells that the high yields are the most effective ways to get kits to where they need to be at the time of incident.
- Methods have highest yielding impact in getting the kit at the overdose site.
- High-yield examples include emergency departments and directed clients.

- Mid-yield examples include treatment providers and facility use.
- Low-yield examples include community providers and mail order programs.

#### **Topic 4: Goal 2: Update on Raising Awareness of Xylazine: Identifying Xylazine Provider Resources/Training Needed Partnership with DSAMH**

- Topics compiled include.
  - Wound related topics.
    - Stigma on wound care
    - Consistency in wound care cleaning
    - Identifying wound early
    - Changing wound dressing
    - Information on how quickly wounds can progress.
- Education on how Xylazine overdoses are different--person is hard to rouse.
- Emphasizing how it is not just overdoses that are causing death but dying from infection as well.

#### **Topic 5: BHC Running Updates**

*Presenter –Laura Rapp and Alexia Wolf*

- The Education and Prevention Committee and the Changing Perceptions and Stigma Committee are collaborating for fentanyl awareness day/raising awareness for fentanyl.
- Relevant notes from listening sessions
  - Workforce shortages
  - Long waitlists
  - Knowing what type of provider is most appropriate.
  - Secondary navigation of insurance and coverage
  - Youth specific: parental engagement with services that may only be offered during the workday.
- Recovery Friendly Workplace Initiative: working on framework for project and will provide updates.

#### **Topic 6: Public Comment**

- Dr. Doug Tynan mentioned breach of Change Healthcare that occurred on February 21<sup>st</sup>. Private practices are having a difficult time submitting claims and getting paid; clinicians may be laid off.
- Trish Hill mentioned patients having a difficult time navigating access to mental health providers. Participants are having trouble finding mental health services and are unsure where to turn.
- Peggy Geisler mentioned a basketball game occurring on March 21<sup>st</sup> and there may be availability for vendors to have tables.
- Reminder that the Delaware Rural Health Conference is being held on May 30<sup>th</sup> and is being organized by the Sussex County Health Coalition.

Next Access & Treatment Committee Meeting is Thursday April 4<sup>th</sup>, 2024, at 1:00pm.

**Adjourn: 2:00pm**