



Corrections and Law Enforcement Committee Meeting Behavioral Health Consortium

Date: 5/15/2024	Location: Virtual Meeting
Time: 1:00pm – 2:00pm	ID: 894 8544 1639
	PC: 503283

Attendees: Co-Chair Chuck Sawchenko, Co-Chair Dr. Debra Mason, Jerome Herlihy, John Dodd, Bernadette Cawlo, Cpl. Kearns, Franny Marti, Michael Records, Brian Faulkner, Hannah Edelman, Phil Cooke, Heather Doncaster, Gregory Farrington, Paul Shavack, Philisia Weidlein-Crist, Kate Brookins, Jessica Cline, Dr. Dan O’Connell, Anthony Damiano, Angela Lloyd

Staff: Laura Rapp, Alexia Wolf, Riley Feinour

Topic 1: Welcome and Introductions

Presenter – Co-Chair Chuck Sawchenko and Co-Chair Dr. Debra Mason

- Co-Chair Dr. Mason called the meeting to order.
- Co-Chair Dr. Mason welcomed attendees.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair Chuck Sawchenko called for a motion to approve the minutes from the previous meeting.

- Co-Chair Dr. Debra Mason made a motion to approve the minutes.
- Minutes Approved.

Topic 3: BHC Updates

Presenter – Laura Rapp and Alexia Wolf

- The Changing Perceptions and Stigma Committee is assessing if the BHC insuring that people with lived experiences are represented at the BHC. An assessment tool is in the works and the email should be going out to the BHC community in the next few weeks.
- The Access and Treatment Committee is advocating for legislation at both federal and state levels around Xylazine and Fentanyl.
- The scheduling conflict with the November and December meeting has been changed to dismissing the November meeting and meeting on December 11th at 1:00PM
- Relevant notes from listening sessions
 - Participants continued to highlight adverse community conditions that impact and individual’s abilities to engage in, and continue with, behavioral health services. They include...
 - Transportation barriers
 - Limited safe and affordable housing.
 - Stigma
 - Workforce shortage, prior criminal justice makes getting jobs even more difficult.
- Delaware opioid prevention symposium, May 22nd from 9:00AM-2:00PM

Topic 4: DSAMH Standing Updates

Presenter – Franny Marti and Kate Brookins

- A new care coordinator program was recently launched by DOC.
- They are looking to have a care coordinator in each county in Delaware.

Topic 5: DOC Standing Updates

Presenter—Jessica Cline

- Data from calendar year 2022
- Release by behavioral health type
 - 5,593 were not mentally ill/no diagnosis reported.
 - 1,404 substance use disorder
 - 927 co-occurring SMI
 - 749 co-occurring MI
- Connection to care data.
 - 34% of seriously mentally ill patients received referrals.
- Findings
 - Most providers do not indicate show or no show.
 - Nearly half of all referrals indicated heroin or other opioid as the primary treatment need.
 - DCJ transitional reentry services assisted over 500 individuals leaving a correctional facility in 2022.
 - Nearly half of all referrals are made to Coras/Conexio.

Topic 6: Cognitive Behavioral Interventions and Misconduct Behind Bars: A Randomized Control Trial of CBI-CC

Presenter—Dr. Dan O’Connell

- Cognitive triangle is made up of thoughts, behaviors, and emotions.
- CBT treatment in public settings.
 - Manual driven
 - Conducted in group settings.
 - Utilizes social learning principles.
 - Behavioral modeling exercises
- DOC’s Road to Recovery (R2R) is a live-in substance use program that launched in 2020 and retains elements of a therapeutic counseling.
- Reflections is a 90-day CBT based DUI program. It is designed to change thoughts and behaviors related to alcohol consumption and driving.
- Takeaway
 - Participation in programming significantly reduces the monthly rate of misconducts.
- Percent Rearrest Takeaway
 - At the bi-variate level, participation in treatment was associated with significantly decreased rates of arrest at 6 months and one year.
- Thinking Things Through (TTT) and R2R track 1 were significantly less likely to than the control group to be rearrested than the control group.
- Conclusions
 - CBT based programs appear to have significant effects in terms of reductions in prison misconduct and post-release arrest.

Topic 7: Public Comment

Next Corrections and Law Enforcement Committee Meeting is **Wednesday, June 26th, 2024, at 1:00PM**

Meetings will now be 90 minutes starting May 15th.

Adjourn: 2:27PM