



Changing Perceptions and Stigma Committee Meeting Behavioral Health Consortium

Date: 8/16/24	Location: Virtual Meeting
Time: 10:00am-11:00am	ID: 894 8544 1639
	PC: 503283

Attendees: Co-Chair Valerie Earnshaw, Co-Chair Beth Jeker, Jessica Estok, Annie Slease, Alex Parkowski, Primus Poppiti, Esther Curtis, Bria Greenlee, Alyssa Selimov, Karen Records, Kristine De Jesus, Angelina Seeney, Krissy McMahon
Staff: Alexia Wolf, Laura Rapp, Cathy Bedenbaugh, Riley Feinour

Topics 1: Welcome and Introductions

Presenter –Co-Chair Valerie Earnshaw

- Co-Chair Valerie Earnshaw called the meeting to order.
- Co-Chair Valerie Earnshaw welcomed attendees.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair Valerie Earnshaw called for a motion to approve the minutes from previous two meetings.

- Annie Slease motioned to approve the minutes from the previous meeting.
- Kristine De Jesus seconded the motion.
- Minutes approved.

Topic 3: BHC Updates

Presenter – Laura Rapp and Alexia Wolf

- DSAMH is offering a mini grant to promote recovery for the month of September.
- The BHC was present at the Unity Dinners in partnership with Black Faces Black Voices on June 24th and June 25th as well as July 24th and July 25th.
- The BHC is now present on social media to provide information and updates.
- DSAMH is hosting a 2-day conference for the Health Equity Advancement Project Initiative (HEAP). The conference is September 11th and September 12th, at the DoubleTree Hotel in Wilmington and registration information is to follow.
- There is a summit on the opioid epidemic that is sponsored by the BHC and the University of Delaware on September 12th from 2:00-5:30 PM.
- Facilitators highlighted considerations from the listening sessions. These include...
 - The understanding that though individuals may have been discriminated against, they have developed resiliency and coping strategies that have allowed them to survive.
 - Community members are receptive to learning sessions that promote mental wellness and stress management skills.
 - The process of aging comes with its own unique challenges, and as such, interventions and programming for older adults should consider accessibility isolation, etc.
- The next BHC Quarterly meeting is on October 15th at 10:00 AM. It is a hybrid meeting, and the location is to be announced.

Topic 4: Updates on the Recovery Friendly Workplace Initiative

Presenter—Annie Slease

- Working with the National Governor’s Association along with 3 other states (Maryland, Minnesota, and Missouri)
- Visited Baltimore for wrap up of policy academy in July.
- Maryland is going to be a good partner for the Delaware, they have ideas that Delaware can borrow.
- The pitch deck and materials for employers were polished up.
- Starting to engage with some employers who are interested in the pilot.
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Topic 5: Goal Updates

Presenter—Co-Chair Valerie Earnshaw

- **Goal 3: Support and advertise community stigma work.**
- The BHC is in partnership with AB&C to launch a revamped website.
- **Goal 2: Ensure that people with lived experiences and youth are represented on BHC Committee**
- The survey ensuring that people with lived experiences are represented on BHC committees has been circulating.
- The survey has 6 new responses.
- The survey will close on August 24th.
- The results of the survey will be discussed in the September meeting.
- **Goal 1: Collegiate Recovery Communities**
- Discussion on meeting with stakeholders of higher education.
- Timing.
 - October 4th is the suicide awareness event at the University of Delaware. This may or may not be good date to meet.
 - The subcommittee is offering up Friday and Thursday mornings in late October and early November to send out to partners and see what works for them.
 - Looking to have a 3-hour hybrid meeting. The in-person location may be at Buena Vista or Warner Hall at the University of Delaware
- The frame for the meeting is supporting college students in recovery.
- 3-part agenda.
 - First part is a brief setting the stage and talking about scope of problem as well as defining key terms.
 - Second part is spotlighting solutions and sharing something that their institution is doing well.
 - The third part is to end it with networking and discussion as well as a call to action.
- Next step is to send out poll to partners to figure out a date to connect and finalize a location.

Topic 6: BHC Website Update

Presenter—Alex Parkowski of AB&C

- The objectives of this new website are as follows.
 - Provide unique web addresses for both the BHC and POSDC that stand alone and work together.
 - Create east-to-use web experience for all BHC and POSDC committee members as well as the general public.
 - Encourage more participation in the committees and their public meetings and events.
- The BHC home page will include the BHC’s mission, history, oversight of the Prescription Opioid Settlement Distribution, currently POSDC Open Grants, upcoming BHC meetings, BHC reports, and current BHC committee members.
- There will be one main calendar with all upcoming events.
- The BHC, POSDC, and all committee meeting information will come from the Delaware Public Calendar.

- Community event information can be added to the calendar via content management system by BHC and POSDC staff.

Topic 7: Public Comment

No public comment.

Next Changing Perceptions and Stigma Committee meeting, **Friday September 20th, 2024, at 10:00 AM.**

Adjourn: 10:49 AM

DRAFT