



## Changing Perceptions and Stigma Committee Meeting Behavioral Health Consortium

<b>Date:</b> 8/16/24	<b>Location:</b> Virtual Meeting
<b>Time:</b> 10:00am-11:00am	<b>ID:</b> 894 8544 1639
	<b>PC:</b> 503283

**Attendees:** Co-Chair Valerie Earnshaw, Co-Chair Beth Jeker, Jessica Estok, Annie Slease, Alex Parkowski, Primus Poppiti, Esther Curtis, Bria Greenlee, Alyssa Selimov, Karen Records, Kristine De Jesus, Angelina Seeney, Krissy McMahon  
**Staff:** Alexia Wolf, Laura Rapp, Cathy Bedenbaugh, Riley Feinour

### Topics 1: Welcome and Introductions

#### *Presenter –Co-Chair Valerie Earnshaw*

- Co-Chair Valerie Earnshaw called the meeting to order.
- Co-Chair Valerie Earnshaw welcomed attendees.

### Topic 2: Review and Approve Minutes

**MOTION:** Co-Chair Valerie Earnshaw called for a motion to approve the minutes from previous two meetings.

- Annie Slease motioned to approve the minutes from the previous meeting.
- Kristine De Jesus seconded the motion.
- Minutes approved.

### Topic 3: BHC Updates

#### *Presenter – Laura Rapp and Alexia Wolf*

- DSAMH is offering a mini grant to promote recovery for the month of September.
- The BHC was present at the Unity Dinners in partnership with Black Faces Black Voices on June 24th and June 25<sup>th</sup> as well as July 24<sup>th</sup> and July 25<sup>th</sup>.
- The BHC is now present on social media to provide information and updates.
- DSAMH is hosting a 2-day conference for the Health Equity Advancement Project Initiative (HEAP). The conference is September 11<sup>th</sup> and September 12<sup>th</sup>, at the DoubleTree Hotel in Wilmington and registration information is to follow.
- There is a summit on the opioid epidemic that is sponsored by the BHC and the University of Delaware on September 12<sup>th</sup> from 2:00-5:30 PM.
- Facilitators highlighted considerations from the listening sessions. These include...
  - The understanding that though individuals may have been discriminated against, they have developed resiliency and coping strategies that have allowed them to survive.
  - Community members are receptive to learning sessions that promote mental wellness and stress management skills.
  - The process of aging comes with its own unique challenges, and as such, interventions and programming for older adults should consider accessibility isolation, etc.
- The next BHC Quarterly meeting is on October 15<sup>th</sup> at 10:00 AM. It is a hybrid meeting, and the location is to be announced.

### Topic 4: Updates on the Recovery Friendly Workplace Initiative

*Presenter—Annie Slease*

- Working with the National Governor’s Association along with 3 other states (Maryland, Minnesota, and Missouri)
- Visited Baltimore for wrap up of policy academy in July.
- Maryland is going to be a good partner for the Delaware, they have ideas that Delaware can borrow.
- The pitch deck and materials for employers were polished up.
- Starting to engage with some employers who are interested in the pilot.
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## Topic 5: Goal Updates

*Presenter—Co-Chair Valerie Earnshaw*

- **Goal 3: Support and advertise community stigma work.**
- The BHC is in partnership with AB&C to launch a revamped website.
- **Goal 2: Ensure that people with lived experiences and youth are represented on BHC Committee**
- The survey ensuring that people with lived experiences are represented on BHC committees has been circulating.
- The survey has 6 new responses.
- The survey will close on August 24<sup>th</sup>.
- The results of the survey will be discussed in the September meeting.
- **Goal 1: Collegiate Recovery Communities**
- Discussion on meeting with stakeholders of higher education.
- Timing.
  - October 4<sup>th</sup> is the suicide awareness event at the University of Delaware. This may or may not be good date to meet.
  - The subcommittee is offering up Friday and Thursday mornings in late October and early November to send out to partners and see what works for them.
  - Looking to have a 3-hour hybrid meeting. The in-person location may be at Buena Vista or Warner Hall at the University of Delaware
- The frame for the meeting is supporting college students in recovery.
- 3-part agenda.
  - First part is a brief setting the stage and talking about scope of problem as well as defining key terms.
  - Second part is spotlighting solutions and sharing something that their institution is doing well.
  - The third part is to end it with networking and discussion as well as a call to action.
- Next step is to send out poll to partners to figure out a date to connect and finalize a location.

## Topic 6: BHC Website Update

*Presenter—Alex Parkowski of AB&C*

- The objectives of this new website are as follows.
  - Provide unique web addresses for both the BHC and POSDC that stand alone and work together.
  - Create east-to-use web experience for all BHC and POSDC committee members as well as the general public.
  - Encourage more participation in the committees and their public meetings and events.
- The BHC home page will include the BHC’s mission, history, oversight of the Prescription Opioid Settlement Distribution, currently POSDC Open Grants, upcoming BHC meetings, BHC reports, and current BHC committee members.
- There will be one main calendar with all upcoming events.
- The BHC, POSDC, and all committee meeting information will come from the Delaware Public Calendar.

- Community event information can be added to the calendar via content management system by BHC and POSDC staff.

### **Topic 7: Public Comment**

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No public comment.

Next Changing Perceptions and Stigma Committee meeting, **Friday September 20<sup>th</sup>, 2024, at 10:00 AM.**

**Adjourn: 10:49 AM**