



Changing Perceptions and Stigma Committee Meeting Behavioral Health Consortium

Date: 9/20/24	Location: Virtual Meeting
Time: 10:00am-11:00am	ID: 894 8544 1639
	PC: 503283

Attendees: Co-Chair Valerie Earnshaw, Anne Carr, Esther Curtis, Karen Records, Jessica Estok, Tiffani Brooke, Annie Slease, Lisa Marie Colterelli, Dr. Larence Kirby, Lisa Bond
Staff: Alexia Wolf, Laura Rapp, Riley Feinour

Topics 1: Welcome and Introductions

Presenter –Co-Chair Valerie Earnshaw

- Co-Chair Valerie Earnshaw called the meeting to order.
- Co-Chair Valerie Earnshaw welcomed attendees.
- Co-Chair Beth Jeker is absent from the meeting.

Topic 2: Review and Approve Minutes

- MOTION:** Co-Chair Valerie Earnshaw called for a motion to approve the minutes from previous two meetings.
- Annie Slease motioned to approve the minutes from the previous meeting.
 - Jessica Estok seconded the motion.
 - Minutes approved.

Topic 3: BHC Updates

Presenter – Laura Rapp and Alexia Wolf

- The BHC is now present on social media to provide information and updates.
- The BHC is updating their website with the Prescription Opioid Settlement Distribution Commission and the website will be live in the winter.
- On August 28th, the BHC and DETV held an event called “Connecting the Dots” to explore solutions for women to support mental health and combat addiction for stronger and healthier communities.
- Relevant notes from listening sessions
- Facilitators highlighted considerations from the listening sessions. These include...
 - Individuals who have been incarcerated may have experienced trauma and would benefit from additional and personalized support.
 - Some individuals perceive that probation officers do not care about their success post release.
 - Individuals who are re-entering communities (and those communities) would benefit from reconnecting with others rather than remaining isolated.
- The Family and Community Readiness committee is discussing key aspects of implementing the Psychiatric Advanced Directive come July 2025.
- The SB 94 legislative requirements on anchor location and committee member presence that were put on hold during COVID are now in effect.
- The two requirements to prevent a committee meeting being cancelled are.

- Identifying a physical meeting location and post it to the Public Meeting Calendar 7 days in advance.
- Ensure there is 1 committee member present at the physical location during the meeting.
- Committee members will be notified for any last-minute changes or cancellations.
- The next BHC Quarterly meeting is on October 15th at 10:00 AM. It is a hybrid meeting, and the location is the Buena Vista State Conference Center.

Topic 4: Updates on the Recovery Friendly Workplace Initiative

Presenter—Annie Slease

- Working with the National Governor’s Association along with 3 other states (Maryland, Minnesota, and Missouri)
- Looking at an existing framework being used and assessing how the framework works for Delaware.
- The strategy for Delaware is using Maryland as a model.
- Recently working on materials that will be shared with employers for the pilot and looking at what the process would be for employers.
- Working on building relationships with employers.
- Discussed how the initiative will look on a website and how the public can find information on the initiative.

Topic 5: DTRN 360 FindHelp

Presenters—Karen Records and Lisa Colterelli of DSAMH

- Behavioral Health Care Coordination bridges the gap between behavioral and physical health to facilitate better patient outcomes and more efficient use of healthcare resources. \
- The system is for providers and organizations that care for client with behavioral health disorders.
- Find Help allows providers to connect their patients with care that they need near their location. \
- DSAMH is looking for input from stakeholders. The email address to contact is DSAMHCares360@gmail.com

Topic 6: Goal Updates

Presenter—Co-Chair Valerie Earnshaw

- **Goal 1: Collegiate Recovery Communities**
- Meeting with stakeholders of higher education is taking place on October 4th.
- The meeting will include a presentation on substance use and mental health regarding young adults and college students.
- The meeting will be spotlighting solutions.
 - Inviting different attendees from institutions of higher education and stakeholders to share what is working well in their communities.
- Kirby mentioned ensuring nontraditional students who may be experiencing mental health concerns are represented and taken into consideration during this meeting.
- **Goal 2: Ensure that people with lived experiences and youth are represented on BHC Committees—Data Review & Brainstorm next steps.**
- 30 responses have been recorded on the survey.
- There is a wealth of lived experience across all of the BHC committees as well as voting members.
- Responses to the open-ended questions have been recorded and can be summarized as follows.
- **Please share some ways that people with lived experience can contribute to the BHC:**
 - Being given the space to share personal experiences and the values their stories have.
 - This can assist in providing insight to gaps in the system.
- **Please share some ways that people with lived experience can benefit from engagement with the BHC:**

- Increases awareness to what options and resources are available and ways to navigate those resources.
- Empowers inclusion and leadership opportunities.
- Networking opportunities within the BHC that can lead to multiple opportunities.
- **Please share any other thoughts that you have about engaging people with lived experience in the BHC:**
 - Individuals with lived experience should be actively involved and included in decision making.
 - The importance of valuing voices and opinions.
- This survey can be valuable for the Prescription Opioid Settlement Distribution Commission to utilize and replicate.

Topic 7: Public Comment

No public comment.

Next Changing Perceptions and Stigma Committee meeting, **Friday, October 18th, 2024, at 10:00 AM**

Adjourn: 10:59 AM