



Changing Perceptions and Stigma Committee Meeting Behavioral Health Consortium

Date: 11/22/24	Location: Virtual Meeting
Time: 10:00am-11:00am	ID: 894 8544 1639
	PC: 503283

Attendees: Co-Chair Dr. Valerie Earnshaw, Dr. Larence Kirby, Diana, Bria Greenlee, Stasia Giannoulis, Jessica Estok

Staff: Laura Rapp, Renee Beaman, Cathy Bedenabugh, Riley Feinour

Topics 1: Welcome and Introductions

Presenter –Co-Chair Dr. Valerie Earnshaw

- Co-Chair Dr. Valerie Earnshaw called the meeting to order.
- Co-Chair Dr. Valerie Earnshaw welcomed attendees.
- Co-Chair Beth Jeker is absent from the meeting.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair Dr. Valerie Earnshaw called for a motion to approve the minutes from the previous meeting.

- Approval of minutes deferred to next meeting.

Topic 3: BHC Updates

Presenter – Laura Rapp, BHC Consultant

- Behavioral Health Consortium Mission
 - The Behavioral Health Consortium will foster collaboration amongst individuals, family members, providers, advocates, governmental agencies, first responders, and community members to develop measurable solutions that directly and positively impact behavioral health outcomes throughout Delaware.
- Changing Perceptions and Stigma Charge
 - To work to reduce the barrier that stigma creates for individuals and alter perceptions of behavioral health. To provide information and insight to the communities that have not been touched.
- The new BHC and POSDC website is now live.
- Relevant notes from listening sessions.
 - During the listening session, participants expressed an interest in.
 - Importance of provider understanding about how people who have been historically marginalized have learned to cope and adapt.
 - Importance of professional understanding of care and challenges across the lifespan.
 - Importance of provider education on cultural framework, theories, and the intersection of cultural values.
- The Education and Prevention Committee is going to be adding a fourth goal to explore sustainable funding for primary prevention across behavioral health.

- The Access and Treatment Committee and the POSDC resource committee co-hosted a tabletop event that focused on identifying issues related to access to treatment and what specific solutions can help target gaps.
- The findings from this tabletop event are being compiled and will be shared throughout the committees.
- The BHC Quarterly meeting is Wednesday, January 15th at 10:00am. The meeting is hybrid, and the location is to be announced.
- Dr. Larence Kirby noted that clinicians are required to have continuing education in cultural awareness.

Topic 4: Updates on the Recovery Friendly Workplace Initiative

No presenter available to give an update.

Topic 5: Goal Reflection & Discussion

Goal 2: Ensure that people with lived experiences and youth are presented on BHC Committees—Next Steps?

- Ran the lived experience survey and found the BHC does have individuals with lived experience. This includes voting members as well.
- Not a lot of representation when it comes to youth.
- Laura Rapp added that the assessment can be done annually and can fall under the committee to collect data and assess findings and recommendations.
- The survey can be expanded to the POSDC as a recommendation.
- Discussion on creating a document with goals from last year as well as findings from the assessment to reflect on new goals.
- Focus on the BHC with having individuals share their lived experiences.
- There may be an opportunity to invite individuals to share their experiences and experiences within support systems.

Goal 3: Support and advertise community stigma intervention work—Next Steps?

- Recommendation to post on the BHC website calendar to highlight community events.
- The Cause has the monthly purpose. There may be an opportunity to recommend a stigma focused conversation for one of the monthly purpose topics.

New goals? Discussion and brainstorming.

- Discussion on a goal addressing stigma in the Veteran population.

Topic 6: Public Comment

Stasia Giannoulis mentioned that Sean's House met with Wilmington University and there can be collaboration with Sean's House for work with youth and teen groups.

Next Changing Perceptions and Stigma Committee meeting, **Friday, December 20th, 2024, at 10:00 AM**

Adjourn: 10:54 AM