



Family and Community Readiness Committee Meeting Behavioral Health Consortium

Date: 3/11/24	Location: Virtual Meeting
Time: 9:00am-10:00am	ID: 894 8544 1639
	PC: 503283

Attendees: Chair Wade Jones, Karen Records, Liz Booth, Megan McNamara, Desiree Surplus

Presenter: Andrew Thurn

Staff: Laura Rapp, Riley Feinour

Topics 1: Welcome and Introductions

Presenter – Chair Wade Jones

- Chair Wade Jones called the meeting to order.
- Chair Wade Jones greeted and welcomed attendees.

Topic 2: Review and Approve Minutes

MOTION: Chair Wade Jones called for a motion to approve the minutes from the previous meetings.

- Megan McNamara motioned to approve the minutes from the previous meetings.
- Karen Records seconded the motion.
- Minutes approved.

Topic 3: BHC Updates

Presenters – Laura Rapp

Committee Updates

- Goals for FCR Committee
- Develop strategies that protect a person's autonomy to direct their own care while experiencing a mental health crisis and enhance access to housing and promote housing stability for the behavioral health community.
- Relevant notes from listening sessions
- Safe housing: provides stability during the recovery journey, keeps families together and promotes service connection and retention.
- Consistent outreach: individuals who are willing to go out into the community to meet people where they are and connect them with resources.
- Narcan training.
- The BHC had a table at the aTAcK Addiction 5K.
- Recovery Friendly Workplace Initiative: Delaware was one of four states chosen, beginning steps are in progress and updates are to come.

Topic 4: First State Alliance of Recovery Residences

Presenter – Andrew Thurn, executive director

- National Alliance of Recovery Residences pillars of support:
 - Quality: the standard defines the essential elements of a properly operated recovery residence that people in recovery should demand.

- Access: a road map for developing the full spectrum of recovery housing to better match needs and blueprint for housing providers to rise to the occasion.
- Choice: empowers informed recovery housing choices regarding placement and resource allocation.
- Education and support
 - Education: continuous trainings conducted by NARR and FSARR, developing robust access to priority population resources, and continued education for staff and residents
 - Support: FSARR supported pre application assistance, assistance developing and implanting practices to meet standards, and physical location support
- Townhalls in each county can spread awareness.
- Committee can help promote the program and bring awareness.

Topic 5: Goal 1: Updates on Psychiatric Advanced Directives

Presenter – Chair Wade Jones

- Laura Rapp mentioned an article she found that discusses the importance of potential things we should consider as well as what the community should consider.
- In April, a more meaningful update on status and potentially may have a draft to share.

Topic 8: Public Comment

Karen Records is looking forward to the draft and Liz booth does as well, could be an opportunity for education for facilities, patients, and their families.

Family and Community Readiness Committee Meeting is Monday, April 8th, 2024, at 9:00am

Adjourn: 9:34am