



Family and Community Readiness Committee Meeting Behavioral Health Consortium

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| Date: 10/14/24 | Location: Virtual Meeting |
| Time: 9:00am-10:00am | ID: 894 8544 1639 |
| | PC: 503283 |

Attendees: Co-Chair Wade Jones, Co-Chair Erin Mitchell, Domenica Personti, Joyce Hawkins, Tynietta Congo, Diana Holz, Karen Records, Jodi Karabin, Jenn Ford, Liz Booth, Midline Oware, Liam Schofield,
Staff: Laura Rapp, Renee Beaman, Riley Feinour

Topic 1: Welcome and Introductions

Presenter – Co-Chair Wade Jones and Co-Chair Erin Mitchell

- Co-Chair Wade Jones called the meeting to order.
- Co-Chair Wade Jones greeted and welcomed attendees.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair Wade Jones called for a motion to approve the minutes from the previous meetings.

- Karen Records motioned to approve the minutes from the previous meetings.
- Dana Holz seconded the motion.
- Minutes approved.

Topic 3: Introduction of New FCR Co-Chair

Presenters – Co-Chair Erin Mitchell

- Erin Mitchell is the executive director of Trauma Matters
- Erin has been at Trauma Matters for 3 years.
- Prior to Trauma Matters, Erin worked at a school district in New Hampshire as the director of student wellness and led the development and implementation of multitiered support for student behavior and wellness in the district.

Topic 4: BHC Updates

Presenters – Laura Rapp

- On September 19th, a screening of “Silence on the Streets” took place in honor of recovery month.
- On October 20th, Mental Health Delaware is hosting a Reverse Burnout event to foster mental health resilience and share protocols for stress reduction. It is from 5:30-6:30 PM at the Unitarian Universalist Society of Mill Creek.
- NAMI is offering a youth mental health first aid program on Tuesday, October 22nd from 8:30am-4:00pm
- Relevant notes from listening sessions

- Listening session participants highlighted opportunities for improving family and community readiness. These include.
 - Addressing ongoing challenges with transportation.
 - Considering the mobility challenges of older adults and individuals with disabilities.
 - How to support individuals with substance use disorders.
 - Open dialogue about the stress people face and hesitancy to engage in services because of stigma.
- The Changing Perceptions and Stigma had a goal of ensuring individuals with lived experiences are represented in the BHC. The committee concluded their survey and results indicated that there are BHC members and voting members with lived experience.
- The survey discussed ways that people with lived experience contribute to the BHC. The results of the survey were.
 - Sharing personal experiences to support system improvement.
 - Active participation, leadership, and decision-making
 - Reducing stigma
- The survey also discussed ways that people with lived experience can benefit from engagement with the BHC. The survey results were.
 - Professional development and resources
 - Inform decisions.
 - Empowerment and hope
- Domenica Personti noted the importance of preparing individuals with lived experience for the questions they will get and the negative comments they may receive when it comes to sharing their stories.
- The committee is not meeting in November due to the Veterans Day holiday.
- The BHC quarterly meeting is October 15th, 2024, at 10:00 am. This is a hybrid meeting, and the location is at the Buena Vista State Conference Center.
- Laura Rapp discussed looking at the findings and recommendations from the Delaware Drug Overdose Fatality Review Commission Annual Report for future conversations.

Topic 5: Unity Dinner Findings

No presenter available. Topic deferred to next meeting.

Topic 6: Goal 1: PAD Implementation Updates

Presenter—Co-Chair Wade Jones and Co-Chair Erin Mitchell

- The bill was signed.
- SAMHSA had a 2-part webinar on PADs.
 - Emphasized the role of peers, a system approach, and to ensure people are aware of this option.
 - Discussed the need for a trauma-informed lens when conducting training and information sessions.
 - Presenters share different approaches they are taking to implementing PADs.
 - CA is piloting an online form.
 - Copeland Center offers training and support for PADs.

- Training in Delaware: legislation notes CLASI to develop and implement training, contingent on funding.
- Laura discussed figuring out the elements of the training and the information and seeing what organizations can help out with. Laura also discussed there may be a need for structured support.
- Co-Chair Wade Jones discussed who will oversee the implementation.

Topic 7: Public Comment

Joyce Hawkins mentioned they have 54 FCT positions across the state and all are elementary schools.

Tynietta Congo discussed her organization has started a partnership with the Norwood Community Center in Claymont, Delaware. They meet three times a month, the first Monday, the third Thursday, and at the Wilmington Public Library the fourth Tuesday. The group is open to individuals as young as 11 years old.

Dana Holz mentioned it would be beneficial to loop up in a DDS Council regarding the PAD implementation and rolling it out.

Co-Chair Wade Jones discussed coordinating with other committees to see what their role is and discuss how they can roll out the PAD together.

Laura Rapp discussed if the committee has an interest in proposing any legislation for the next session, now would be the time to start discussing.

The next Family and Community Readiness Committee Meeting is **Monday, December 9th, 2024.**

Adjourn: 9:43 am