



Education and Prevention Committee Meeting Behavioral Health Consortium

| | |
|------------------------------|----------------------------------|
| Date: 4/2/24 | Location: Virtual Meeting |
| Time: 10:00am-11:00am | ID: 894 8544 1639 |
| | PC: 503283 |

Attendees: Co-Chair Sandi Syglowski, Co-Chair Rebecca King, Annie Slease, Kiera McGillivray, Alex Pappas, Teri Lawler, Mary Louise Embrey, Denise Mariano, Joyce Hawkins, Eric Rodriguez, Thomas Morrison, Bria Greenle, Jocelyn Langrehr, Steffi Dunbar, Darryl Wolfie, Amy Herb, Danielle Evins

Staff: Alexia Wolf, Laura Rapp, Yvonne Bunch, Cathy Bedenbaugh, Riley Feinour.

Topics 1: Welcome and Introductions

Presenter – Co-Chairs Sandi Syglowski and Rebecca King

- Co-Chair King called the meeting to order.
- Co-Chair King welcomed attendees.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair King called for a motion to approve the minutes from the previous meeting.

- Joyce Hawkins made a motion to approve the minutes.
- Teri Lawler seconded the motion.
- Minutes Approved.

Topic 3: BHC Updates

Presenter – Laura Rapp and Alexia Wolf

- The Family and Community Readiness Committee is working on housing and accessibility for the behavioral health community.
- The Changing Perceptions and Stigma Committee has new activity focusing on the Recovery Friendly Workplace Initiative.
- The next BHC quarterly meeting is April 16th at 10:00am
- Relevant notes from listening sessions
 - The participants highlighted needs of youth who are need of safe alternatives and individuals who may be struggling with substance use disorders. These include.
 - More crisis response and Narcan training.
 - Direct street outreach.
 - Safe housing.
 - More community based safe spaces for youth and adults.
- BHC was at the Delaware Business and Economic Development Summit and hosted the Sussex County Health and Wellness Fair

Topic 4: Goal Updates

Presenter – Co-Chairs Rebecca King and Sandi Syglowski

- Co-Chair Sandi Syglowski had a meeting with the Colonial School District and Nemours to discuss the utilization of Nemours and using the Colonial School District for a piloted screening process.
- Discussed leveraging the wellness center and the students already being screened.
- Data Access for Student Health (DASH) is used to track student attendance and shares information with Nemours that can be utilized.
- More meetings and updates are to come regarding the pilot with the Colonial School District and Nemours.
- The last ten minutes of the meeting are being utilized for workgroup discussions.
- Workgroup 1: Educate on and advocate for the use of non-pharmacological strategies.
- Workgroup 2: Awareness raising and prevention of youth consumption of cannabis gummies.
- Workgroup 3: Promote Fentanyl Awareness Day (May 7th).

Topic 5: State Agency Updates

Presenter – Amy Herb of the DSAMH

- The Primary Prevention Committee has had two meetings thus far.
- Looking at the needs of the community as well as the strengths and weaknesses.
- The grant funding is focused on primary prevention strategies for substance use and misuse.
- The main focus is the legalization of marijuana, alcohol use, vaping, and nicotine.
- The Building Bridge conference is at the Doubletree hotel in Wilmington on April 29th and 30th.
- The conference is focusing on adults and having children who have trauma from substance use or an environment of substance use.
- The conference will include panels on Xylazine, trauma, gun violence, alternative activities, sex trafficking, and the LGBTQ community.

Presenter—Joyce Hawkins of DOE

- Evidence based practice and communication based on the outcome of initiatives.
- Streamlining satisfaction surveys.

Presenter—Sandi Syglowski

- Social and Emotional Wellbeing Conference on August 6th and 7th in Dover. Registration is not yet available.
- Youth mental health first aid courses offered to the community and educators.
- Child learning collaborative for people working with children all across the state, May 14th.

Presenter—Teri Lawler

- Offering neurological classrooms, self-paced classes that focus on how brain breaks can be integrated into children's school schedules.
- May is trauma and mental health awareness month.

Topic 6: Public Comment

Present updates on goals at the next meeting.

Next Education and Prevention Committee meeting is **Tuesday, May 7th at 10:00am**

Adjourn at 10:42am

