



## Education and Prevention Committee Meeting Behavioral Health Consortium

<b>Date:</b> 7/2/24	<b>Location:</b> Virtual Meeting
<b>Time:</b> 10:00am-11:00am	<b>ID:</b> 894 8544 1639
	<b>PC:</b> 503283

**Attendees:** Co-Chair Rebecca King, Keira McGillivray, Bria Greenlee, Rochelle Lazorchak, Becky Uniatowski, Teri Lawler, Alyssa Selimov

**Staff:** Alexia Wolf, Laura Rapp, Yvonne Bunch, Riley Feinour.

### Topics 1: Welcome and Introductions

#### *Presenter – Co-Chair Rebecca King*

- Co-Chair King called the meeting to order.
- Co-Chair King welcomed attendees.
- Co-Chair Sandi Syglowski is absent from today's meeting.

### Topic 2: Review and Approve Minutes

**MOTION:** Co-Chair King called for a motion to approve the minutes from the previous meeting.

- Kiera McGillivray made a motion to approve the minutes.
- Alyssa Selimov seconded the motion.
- Minutes Approved.

### Topic 3: BHC Updates

#### *Presenter – Alexia Wolf and Laura Rapp*

- The BHC hosted with Black Faces and Black Voices, a Unity Dinner to discuss issues involving drug use, mental health, and what is working in the communities and what isn't.
  - July 24th and July 25th are the next two Unity dinners, and they are looking into having them in Sussex County and Middletown
- The Uniform Health-Care Decisions Act was just passed.
  - This Act creates patient-directed advance mental health directives. It gives the person control over their mental health treatment when they may be experiencing a mental health crisis.
- The Changing Perceptions and Stigma Committee created a lived experience survey as part of their goal to ensure individuals with lives experiences are represented in the BHC.
  - It will be distributed to all BHC members through email and the link will be provided during committee meetings.
- The next BHC Quarterly meeting is July 16<sup>th</sup> from 10:00 AM- 12:00 PM. The meeting is hybrid, and the in-person location is at Buena Vista.
- Relevant Notes from listening sessions.
- Facilitators of the listening sessions highlighted learning opportunities that may benefit the community. These include...

- Comprehensive substance use education
- Mental health education in schools
- Whole body wellness (i.e., chronic disease management, nutrition, healthy aging, etc.)
- Resource awareness
- The BHC now has social media that is being utilized to share information.

#### **Topic 4: Follow up discussion: Alcohol Goal**

*Presenter – Becky Uniatowski*

- It is difficult to get information on dangers of alcohol and information on where to go if in need of substance use support.
- Becky discusses creating a video or slideshow that includes photos of those who have passed from substance use disorder and showing this video or slideshow in schools.
- It is important for the committee to ramp up awareness about the negatives of alcohol use and share that information.

#### **Topic 5: Goal & Workgroup Updates**

*EP10 Update*

*Presenter—Keira McGillivray*

- The EP10 group took a break but is going to reconvene with the goal of enhancing communication with nurses and members of schools.
- The group is looking to hear updates from members and see what progress is being made with mental health in schools.

*AAC Cannabis Workgroup Update*

*Presenter—Rochelle Lazorchak*

- The last workgroup meeting was about agreeing on objective statements and being clear on what their goals are.
- The workgroup is going to continue to meet.
- The workgroup is going to review existing resources and the toolkit that is already in existence to see if they need to be updated.

*Non-pharmacological Pain Management Workgroup Update*

- No updates.

#### **Topic 6: State Agency Updates**

*Presenter—Teri Lawler of DOE*

- The Social, Emotional Behavioral Wellbeing (SEBW) conference is coming up.
- A school and safety conference are taking place at the same time of the SEBW conference.
- Train the trainer for law enforcement to discuss de-escalation will take place at the school safety conference.

#### **Topic 8: Public Comment**

Yvonne Bunch mentioned that the BHC and the Lieutenant Governor’s office are hosting a Kent County Health and Wellness Fair on July 13<sup>th</sup> from 11:00 AM- 3:00 PM at the Dover High School.

Next Education and Prevention Committee meeting is **Tuesday, August 6<sup>th</sup>, 2024, at 10:00 AM**

**Adjourned at 10:40 AM**