



## Education and Prevention Committee Meeting Behavioral Health Consortium

<b>Date:</b> 9/3/24	<b>Location:</b> Virtual Meeting
<b>Time:</b> 10:00am-11:00am	<b>ID:</b> 894 8544 1639
	<b>PC:</b> 503283

**Attendees:** Co-Chair Rebecca King, Co-Chair Sandi Syglowski, Alyssa Selimov, Shelly Lazorchak, Doug Tynan, Scott Michels, Amy Herb, Beth, Bria Greenlee, Lisa Marie Colterelli, Karen Records, Dr. Teri Lawler, Courtney Simmons, Sabra Collins, Lisa Johnson

**Staff:** Alexia Wolf, Laura Rapp, Riley Feinour.

### Topic 1: Welcome and Introductions

**Presenter – Co-Chair Rebecca King**

- Co-Chair King called the meeting to order.
- Co-Chair King welcomed attendees.

### Topic 2: Review and Approve Minutes

**MOTION:** Co-Chair King called for a motion to approve the minutes from the previous meeting.

- Dr. Teri Lawler made a motion to approve the minutes.
- Shelly Lazorchak seconded the motion.
- Minutes Approved.

### Topic 3: BHC Updates

**Presenter – Alexia Wolf and Laura Rapp**

- The BHC is now present on social media to provide information and updates.
- The BHC is updating their website with the Prescription Opioid Settlement Distribution Commission and the website will be live in the next few months.
- DSAMH is hosting a 2-day conference for the Health Equity Advancement Project Initiative (HEAP). The conference is September 11th and September 12th, at the DoubleTree Hotel in Wilmington and registration information is to follow.
- There is a summit on the opioid epidemic that is sponsored by the BHC and the University of Delaware on September 12th from 2:00-5:30 PM.
- Help is Here Delaware has a faith-based toolkit.
- The BHC quarterly meeting is October 15th, 2024, at 10:00 am. This is a hybrid meeting, and the location is to be announced.
- The Changing Perceptions and Stigma Committee has closed the survey to assess if individuals with lived experience are represented on the BHC. The initial findings show that the BHC has representation of lived experience.
- Relevant Notes from listening sessions.
- At a recent opioid focused listening session in Kent County, a few prevention and education focused recommendations were discussed including:

- Importance of vaping prevention, including education and raising awareness on the implications for subsequent substance use.
- Sharing resources such as Teen Impact, Bridge Clinic, Impact Life, etc.
- Increase the number/opportunities for Narcan trainings.

#### **Topic 4: DTRN 360/Find Help Demo**

*Presenter – Karen Records, Courtney Simmons, & Lisa Johnson of DSAMH*

- Behavioral Health Care Coordination bridges the gap between behavioral and physical health to facilitate better patient outcomes and more efficient use of healthcare resources.
- The system is for providers and organizations that care for client with behavioral health disorders.
- Find Help allows providers to connect their patients with care that they need near their location.

#### **Topic 5: Goal & Workgroup Updates**

*EP10 Update*

*Presenter—Sandi Syglowski*

- The EP10 goal committee is restarting.
- The goal of EP10 is to combine what is happening in schools with universal screening and create a process of communication to work alongside with pediatrician offices.
- The next steps are to focus on what are some of the communication gaps between primary care offices and schools and to facilitate dialogue.

*Promote and Support Campaigns: My Reason Why*

*Presenter—Scott Michels from the CAUSE*

- The Monthly Purpose takes place the third Thursday of each month and it is an interactive show to help people find more purpose in their lives.
- The goal of My Reason Why is to raise community awareness on the dangers of substance use.
- The program is about transferring from peer-to-peer messaging to peer-to-peer leadership.
- Workshops for My Reason Why help individuals learn how to use their power of influence to impact their peers and communities, to learn about protective factors, learn basic creative videography to enhance PCA quality and message impact, and create a My Reason Why PSA that can double as a script for drug refusal.
- There are 3 different deliveries on the My Reason Why facilitators toolkit.
  - A 2-hour workshop
  - 50-minute shortened version of the workshop
  - A self-taught version
- The purpose of the toolkits is to allow facilitators and students to create PSA videos that can be shown in schools and throughout the community.
- The CAUSE has a youth leadership summit coming up on September 23<sup>rd</sup> from 9am-4pm. There will be free transportation to Rehoboth Beach for the summit.

*Non-pharmacological Pain Management Workgroup Update*

Deferred to next month's meeting.

*Alcohol Focus Goal Quick Update*

Deferred to next month's meeting.

*AAC Cannabis Workgroup Update*

Deferred to next month's meeting.

#### **Topic 6: State Agency Updates**

Deferred to next month's meeting and updates will be sent out to committee members via email.

#### **Topic 7: Public Comment**

No public comments.

Next Education and Prevention Committee meeting is **Tuesday, October 1st, 2024, at 10:00 am**

**Adjourned at 11:03 AM**