



Education and Prevention Committee Meeting Behavioral Health Consortium

Date: 11/12/24	Location: Virtual Meeting
Time: 10:00am-11:00am	ID: 894 8544 1639
	PC: 503283

Attendees: Co-Chair Rebecca King, Manisha Wadhwa, Sabra Collins, Dr. Douglas Tynan, Alyssa Selimov, Amy Vega, Bria Greenlee, Doug Hamilton, Eric Rodriguez, Hayat Omar Hubert, Becky Uniatowski, Jessica Graham, Jocelyn Langrehr, Miya Jackson, Scott Michels, Shelly Lazorchak, Yvonne Bunch, Kiera McGillivray
Staff: Alexia Wolf, Laura Rapp, Riley Feinour.

Topics 1: Welcome and Introductions

Presenter – Co-Chair Rebecca King

- Co-Chair King called the meeting to order.
- Co-Chair King welcomed attendees.
- Co-Chair Sandi Syglowski is absent from the meeting.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair King called for a motion to approve the minutes from the previous meeting.

- Dr. Douglas Tynan made a motion to approve the minutes.
- Becky Uniatowski seconded the motion.
- Minutes Approved.

Topic 3: BHC Updates

Presenter – Alexia Wolf and Laura Rapp

- The new BHC and POSDC website is now live.
- Manisha Wadhwa discussed including private resources on the BHC website.
- On November 13th, the BHC is hosting a screening of “Silence on the Streets” at 6:00pm at the Smyrna Opera House.
- A Whole Child learning network for school staff and school partners is taking place in multiple sessions.
- Relevant notes from listening sessions.
- During the Listening Session, participants expressed an interest in education and resource sharing. These include.
 - Mental and physical health promotion.
 - Healthy coping skills and the benefits of therapy.
 - Career and trade opportunities.
 - Financial literacy and management (a significant source of stress for community members).
- The Corrections and Law Enforcement committee discussed the gaps in care between the department of corrections, the criminal justice system, and community advocates.
- The next BHC quarterly meeting is January 15th, 2025, at 10:00 am.

Topic 4: Goal & Workgroup Updates

Goal 1, EP10: Develop and promote strategies for Delaware schools and pediatricians to coordinate and conduct universal mental health prescreening and referrals processes for youth ages 10 to 13.

- Retain the goal but develop a new approach.
- The EP10 team will meeting on November 19th from 11:30am to 1:00pm. The meeting will be reviewing goals and discuss how to move forward.
- A regular meeting will be scheduled.

EP Goal 2: Promote and support behavioral health prevention and education campaigns.

- Retain the goal and move towards new objectives and strategies.
- Potential objective 1, promote CAUSE related work.
- Potential objective 2, incorporate alcohol-focused strategies into this goal.
- Increase knowledge of alcohol addiction risks, overdose risks, and warning signs. Strategies could be.
 - Develop partnerships with places that sell alcohol to display educational materials on the risks of alcohol addiction.
 - Promote knowledge of the Good Samaritan Laws.
 - Partner with local health organization to distribute education materials about alcohol overdose.
 - Develop campaigns in collaboration with local media and social media to communicate the risks of alcohol addiction and alcohol overdose.
- Discussed making sure the BHC work and AAC primary prevention work compliment each other.
- Becky Uniatowski discussed the idea of having a QR code on the alcohol bottles that have information on the dangers of alcohol.
- Scott Michels discussed getting the My Reason Why campaign tied in with the cannabis issue and educating individuals on skills and tools to help destigmatize the conversation around substance use disorder.

Goal 3: Educate on and advocate for nonpharmacological pain management strategies.

- Retain the goal on nonpharmacological pain management but shift focus to access specifically, creating pathways for easier success.
- Potential focus.
- Supporting billing codes or expanding legislation in the space. The Data and Policy committee Co-Chairs have been reached out to for guidance.
- AAC Patient Centered Care Subcommittee reached out to connect.
- Dr. Douglas Tynan discussed needing someone to help take a lead on the goal as Dr. Pappas is no longer with Christina Care.
- Scott Michels discussed the Monthly Purpose show creates conversations around education and clips from the show can be pulled to further distribute information.
- Kiera McGillivray noted supporting billing codes is crucial.

New Goal 4: Advocate for sustainable primary prevention funding.

- Potential sustainable funding sources could be Marijuana legalization sales, POSDC, and assigning fiscal notes to current legislation supporting students' mental health literacy and other prevention strategies for youth.
- The Data and Policy Co-Chairs have been reached out to for guidance.
- Hayat Omar Hubert discussed having support from the providers to guide prevention efforts.
- Manisha Wadhwa discussed raising resilient communities going forward.

Topic 5: State Agency Updates

DSAMH

No one available from DSAMH to present.

DSCYF

Presenter—Shelly Lazorchak

- 3 more individuals have been trained to do training on the dangerous truth of the dangers of marijuana.
- This information was passed to schools and several schools have requested DSCYF to speak in their schools around the subject of THC.
- Hoping to have a half day conference around the subject of THC.
- Distributing posters in schools and having an art competition.
- A coaches versus overdoses night is coming up on November 15th during the football semifinals.

DOE

Presenter—Sabra Collins

- At the Coaches vs overdoses Friday night lights event, 3,570 prevention playbooks and dispose Rx kits were handed out.
- Sabra shared a finding about the Juul settlement funds and found out that Delaware received \$8 million.
- The money is going directly to the districts and there is no tracking about how the money is being spent.
- The money is supposed to go towards funding primary prevention efforts.

Topic 6: Public Comment

- Hayat Omar Hubert discussed enjoying hearing all of the efforts the committee members are doing and how the committee is collaborating.
- Scott Michels noted the Monthly Purpose is where the groups behind the scenes can begin to bring the work into the communities.

Next Education and Prevention Committee meeting is **Tuesday, December 3rd, 2024, at 10:00am.**

Adjourned at 10:59 AM