



Education and Prevention Committee Meeting Behavioral Health Consortium

Date: 1/14/25	Location: Virtual Meeting
Time: 10:00am-11:00am	ID: 894 8544 1639
	PC: 503283

Attendees: Co-Chair Rebecca King, Co-Chair Sandi Syglowski, Hayat Omar, Scott Michels, Eric Rodriguez, Sabra Collins, Rochelle Lazorchak, Amy Herb, Rebecca Uniatowski, Wendy Eastburn-Teal

Staff: Laura Rapp, Renee Beaman, Riley Feinour.

Topic 1: Welcome and Introductions

Presenter – Co-Chairs Rebecca King & Sandi Syglowski

- Co-Chair King called the meeting to order.
- Co-Chair King welcomed attendees.

Topic 2: Review and Approve Minutes

MOTION: Co-Chair King called for a motion to approve the minutes from the previous meeting.

- Scott Michels made a motion to approve the minutes.
- Sabra Collins seconded the motion.
- Minutes Approved.

Topic 3: Housekeeping: Extending Meeting Times

Presenter –Co-Chairs Rebecca King & Sandi Syglowski

- Co-Chair Rebecca King discussed extending the committee meetings to 90 minutes to continue conversations that are cut off by the 60-minute meeting limit.
- The committee agreed to try extending the meeting time to 90 minutes.

Topic 4: BHC Updates

Presenter—Laura Rapp, BHC Consultant

- POSDC Related Updates
 - Social Contract is currently developing a grantmaking manual that includes an updated scoring rubric and eligibility requirements.
 - A new POSDC grant application should open in early 2025.
 - The next POSDC Full Commission Meeting is February 3, 2025, from 1:00 to 3:00. Location: Zoom and Delaware Tech-Stanton Campus, B123 Conference Room.
 - Daphne Warner is serving as interim director.
- 2024 Year in Review
 - 165+ Committee meetings, listening sessions, health fairs, and unity dinners.
 - 41+ Local, state, and federal elected official partnerships.

- 4,000+ Event participants, attendees, and supporters.
- 30+ Law enforcement, clergy, Black, Hispanic, LGBTQ+, veterans, labor and business partnerships.
- 100+ Media partners, vendors, and volunteers.
- 2024 Quarterly BHC Meetings
 - 4 Quarterly BHC Meetings
 - 78 Average number of attendees
 - Topics included.
 - Voted and approved 3-month bridge funding for existing awardees from phases 1A and 1B, 1.9 million in funding.
 - DOC's presentation on the Statistical Analysis Center Annual Recidivism report.
 - Updates from OSOC and AAC
 - DSAMH's DTRN 360 demonstration
 - Unity Dinner presentation
 - DPBHS's substance use needs assessment overview.
- BHC Committee Meetings
 - 45 BHC Committee meetings held in 2024.
 - 51 new committee members joined in 2024.
- 2024 Select Statewide Community and Stakeholder Engagement
 - Convened table-top exercise with fifty key stakeholders focused on behavioral health and the availability in treatment, gaps in treatment, and promising advances in treatment to align our efforts in continuing to drive meaningful advancements across communities.
 - Coordinated Delaware's collegiate recovery leaders with the goal of fostering communication and collaboration in support students and making connections across institutions of higher education across Delaware.
 - Quarterly community listening sessions facilitated by local leaders in each county to foster social connection, make recovery visible and welcoming, and ensure a continuous feedback loop between these groups and BHC committee work.
- Relevant Notes from listening sessions
 - The CTAC session facilitator highlighted the following feedback from attendees (adults and children). They are soliciting input.
 - Recommendation: Have a counselor available in every child case to assist the family particularly when addiction is involved.
 - Children going the criminal justice process because this system is not hearing the outcry of parents for assistance—feels like the foster care situation.
 - A lack of activated for the children at the Hope Center or in the community causes great anxiety.
- Scott Michels discussed connecting The Cause with the Hope Center to bring programs to the Hope Center.
- Rochelle Lazorchak added the Hope Center has a policy of having the parents present with their children and it can make bringing programs to the center difficult.
- The Family and Community Readiness committee is working on identifying a second goal.
- The Co-Chair of the Family and Community Readiness Committee, Erin Mitchell, has stepped down as Co-Chair due to her new position.
- The next BHC Quarterly meeting date is to be determined but will be held in February.

Topic 5: Goal & Workgroup Updates

Goal 1: EP10 Update

Presenter—Co-Chair Sandi Syglowski

- The surveys are going into SurveyMonkey and will be released to collect new data.
- This data can help determine which way the EP10 committee would like to go and what they would like to focus on.
- The EP10 committee is meeting next week.

EP Goal 2: Promote and support behavioral health prevention and education campaigns.

Presenter—Co-Chairs Rebecca King & Sandi Syglowski

- The committee would like to develop campaigns around the risks of alcohol addiction and to improve the communication and understanding of the risks.
- April is alcohol awareness month, and the committee is looking for alcohol awareness events to add support or engage with.
- Becky Uniatowski is interested in creating an annual alcohol awareness event.
- The Surgeon Generals advisory came out on the relationship between alcohol and cancer risk, and this is a step towards adding more information on warning labels.
- The committee would like to leverage this information and educate the public on this topic.
- Scott Michels mentioned that he would create a Monthly Purpose topic on the subject of alcohol.

Goal 3: Non-pharmacological Pain Management Workgroup Update and Next Steps

Presenter—Co-Chairs Rebecca King & Sandi Syglowski

- Dr. Doug Tynan is leading a subcommittee on this goal.
- The AAC and their patient center care subcommittee has been reached out to.

Confirm Committee Support on New Goal 4: Advocate for Sustainable Prevention Funding

Presenter—Co-Chairs Rebecca King & Sandi Syglowski

- The committee is going to wait to hear from the new Lt. Governor, Kyle Evans Gay, before diving into this goal.
- The committee has come up with a list of initial ways that can be explored to try and make recommendations around sustainable funding for primary prevention.

Topic 6: AAC Cannabis Workgroup Update

Presenter—Amy Herb & Hayat Omar, AAC Primary Prevention Co-Chairs

- The workgroup is going to put out a campaign with information that helps gets the messaging out to individuals, families, adults, and the communities about not engaging with THC/ marijuana.
- The workgroup is moving forward with the My Reason Why.
- The group is hoping to branch out some of the work through advertising, media, and promoting.
- The next meeting will have presenter's who have been at other states to tell the group what they've done.

Topic 7: State Agency Updates

DSAMH

Presenter—Amy Herb

- DSAMH is in the final stage of their prevention plan.
- There is a plan to have a round table to look at what is already in place and what the goals of the plan are.

- There is a funding announcement that is coming soon for providers.

DSCYF

Presenter—Rochelle Lazorchak

- DSCYF is going to be hosting a half day conference on April 10th on marijuana use.
- There is going to be a second round of cohort book clubs on the book, the Dangerous Truths Around Today's Marijuana.
- Three of the DSCYF staff have been trained to deliver the Johnny's ambassadors THC prevention curriculum and they are available to present it in schools.
- Rochelle is in conversations around hosting an opioid prevention summit for coaches versus overdoses initiatives under SOR.
- The distribution of the prevention playbooks is being continued in schools.

DOE

Presenter—Sabra Collins

- There are grant funds that are going to be utilized to support prevention specialists.
- The DOE is partnering with DSAMH to make the work happen.
- There will be 3 primary prevention specialists onboard potentially by February and there will be a specialist in each county.
- In the next round of grant funding, DOE is working to support tier 2 and tier 3, prevention, and intervention.
- The DOJ received a lot of the funding from the Juul settlement, and the schools are going to get direct funding.
- The mental health report has been added to the Department of Education website.

Topic 8: Public Comment

Eric Rodriguez discussed a completed provider guide and toolkit for professionals that are involved with other adult care. Eric touched on the adherence to physician recommendations, lack of information, knowledge on cannabis, and potential harms with cannabis present in the older adult population. Eric also noted the significant need for mental health in older adults as well as depression and suicide risks.

Wendy Eastburn-Teal added that she is becoming more proactive in the mental health community and would love to partner with the committee. Wendy also added that there was a law passed in honor of her son.

Scott Michels discussed the program The Cause has called the Monthly Purpose that is a live show to teach peers on different subjects. Scott added that the Monthly Purpose can be used to discuss different issues and as a promotional source.

Rebecca Uniatowski added that the Surgeon General announced they are going to update the warning labels on bottles and Rebecca hopes to educate the community on the risks of alcohol addiction.

Next Education and Prevention Committee meeting is **Tuesday, February 4th, 2025, at 10:00am.**

Adjourned at 11:08 AM